

## ANCASTER SKATING CLUB COVID-19 POLICIES and PROTOCOLS

### ASC COVID-19 Oversight Committee Members:

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The purpose of this Committee is to oversee the implementation of safety and health guidelines with the Ancaster Skating Club. Should you have any questions about Return to Play Protocols or other policies and procedures related to COVID-19, please contact one of the individuals above.

### Skate Ontario COVID-19 Waivers:

All individuals (skaters, coaches, board members, volunteers) will be required to complete the Skate Ontario Acknowledgement, Release, Indemnity and Assumption of Risk regarding COVID-19 (Waiver) once at the start of the season, prior to participation in club activities. Failure to do so means that individual must not participate. ASC will be responsible for collection and storage of completed waivers for its members.

### Health screening questionnaires and attendance records for contact tracing:

All participants taking part in club activities must self-screen using the Skate Ontario Health Screening Questionnaire prior to each session/club activity. Verbal screening of all members (skaters, coaches, board members, volunteers, guardians/spectators) will take place at the facility entrance as skaters enter the arena. ASC volunteers will be responsible for screening and documenting contact information for all ASC members present for each session. ASC will track all skaters/coaches/volunteers/spectators and file their contact information for contact tracing if necessary.

### Protocol if an individual becomes unwell with symptoms of COVID-19 while at the arena:

(Signs and symptoms may include: fever, new onset cough, shortness of breath, runny nose or nasal congestion, sore throat, difficulty swallowing, loss of sense of taste or smell, nausea, vomiting or diarrhea)

1. Individual must immediately stop participation in club activities.
2. Isolate individual away from others in a well-ventilated area or outside and send home.
3. Coach to notify a member of the Oversight Committee
4. Oversight Committee will notify MFA staff, Hamilton Public Health as necessary and follow up with individual/guardian
5. Club and individual will follow Public Health guidance and direction on next steps.

**Protocol for a club member who is tested for COVID-19:**

1. Member will not participate in club activities while waiting for results.
2. Club will work with public health to inform members who may have been in close contact with the individual (close contact is defined as being within 2 meters for a period lasting more than 15 minutes, without appropriate or consistent use of Personal Protective Equipment (ie masks).
3. Any members identified as a close contact should not participate in club activities until the diagnosis of COVID-19 is ruled out.

**Protocol if a member tests positive for COVID-19:**

1. Must inform a member of the ASC Oversight committee.
2. The Oversight committee will work with MFA staff and public health officials to assist in contact tracing and inform any club members who may have been in close contact with the individual.
3. Any members identified to be a close contact should not participate in club activities for 14 days and should follow public health guidelines
4. ASC to inform all ASC members that there has been a positive test within the skating club.
5. ASC to inform facility/City of Hamilton of positive test.
6. Oversight Committee will inform Skate Ontario of a positive COVID-19 diagnosis by emailing [clubsupportservices@skateontario.org](mailto:clubsupportservices@skateontario.org).

**Return to skating/club activities following illness:**

- If no COVID-19 test was performed or the test was negative, the individual may return once they no longer have any symptoms of COVID-19 for at least 24 hours.
- Following a positive COVID-19 test, the member must follow Public Health guidelines regarding return to activities

**ASC members will follow all public health guidelines regarding COVID-19. These may include:**

- Any member who has travelled outside of Canada or has someone in their household who has travelled outside Canada must self-isolate and not participate in club activities for 14 days.
- Any individual exposed to a confirmed case of COVID-19 should self-isolate and cannot participate in club activities for 14 days.
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities.
- Any individual with someone in their household showing symptoms of COVID-19 should not participate in club activities.

**Policies/Protocols to ensure safety within the facility:**

1. ASC members will be permitted in MFA **15 minutes** prior to the session start time and must exit **10 minutes** after their session.
2. Skaters or coaches that are going to arrive late must notify another coach or board member as early as possible, as the volunteer screener will be documenting attendance. Upon late arrival, the skater or coach must wait until rink staff can safely escort them through the building to the ice pad.
3. Spectators (parents/guardians) will not be permitted into the facility during September but starting in October 1<sup>st</sup>, one parent/guardian will be permitted to enter per skater under the age of 16.

4. Spectators will follow all facility guidelines for physical distancing and will stay in the designated areas. They will follow the same protocols as skaters and coaches when they enter the facility, including completion of a verbal health questionnaire and provision of contact information.
5. Masks are mandatory in the facility unless on the ice.
6. All participants will sanitize/wash hands upon entry to the facility and before getting on the ice.
7. Dressing/change rooms at MFA will be closed. Skaters must come to the facility dressed in their skating attire.
8. Skaters will put on their skates in the designated rink-side area.
9. Skaters must use their own water bottle, Kleenex, etc. and bring a closed container to take all waste home.
10. Skaters must attempt to remain 2 meters apart while on the ice.
11. Skaters should wear clean winter gloves while on the ice and wash gloves daily.
12. Coaches will maintain physical distancing from skaters and other coaches whenever possible.
13. All teaching aids will be sanitized immediately after each session that they have been used on.
14. Coaches will be responsible for injuries that occur on the ice. They will have masks and gloves readily available to perform first aid if necessary.

#### **ASC COVID-19 Credit/Cancellation Policy**

1. In the event that a skater is unable to attend a regularly scheduled session due to symptoms or a positive case of COVID-19, the club will credit the participant for the session(s) missed. It is up to the parent/guardian of the participant to request the credit by emailing the club at: [info@ancasterskatingclub.ca](mailto:info@ancasterskatingclub.ca)
2. In the event that the skating season is cancelled due to an arena closure, participants who have registered will receive credit or a refund for the prorated amount of the season remaining, not including the Skate Canada fee or the Club admin fee.