

ANCASTER SKATING CLUB COVID-19 RESPONSE PLAN and PROTOCOLS: UPDATED AUGUST 31, 2021

ASC COVID-19 Oversight Committee Members:

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The purpose of this Committee is to oversee the implementation of COVID-19 related safety and health guidelines with the Ancaster Skating Club. Should you have any questions about Return to Play Protocols or other policies and procedures related to COVID-19, please contact one of the individuals above.

Communication Regarding COVID-19 to ASC Members:

Communication by ASC regarding COVID-19 will take place via the Communication/email feature within Uplifter. This feature keeps a record of all email addresses communications are sent to.

Skate Ontario COVID-19 Waivers:

All individuals (skaters, coaches, board members, volunteers) are required to complete the Skate Ontario Acknowledgement, Release, Indemnity and Assumption of Risk regarding COVID-19 (Waiver) once at the start of the season, prior to participation in club activities. Failure to do so means that individual must not participate. Acknowledgement of the Waiver will be done as part of the online registration system for all persons participating in Club programs, and records can be retrieved as necessary from the registration system.

Health screening questionnaires and attendance records for contact tracing:

All participants taking part in club activities (PRIOR TO EACH SESSION/CLUB ACTIVITY) must self-screen using the appropriate Ontario Ministry of Health COVID-19 Screening Tool (as referenced in the Skate Ontario Return to Play requirements). A link to the screening tools can be found on the COVID-19 page on the ASC website. ASC will maintain skater attendance records and will use these records in the event contact tracing is required.

Protocol if an individual becomes unwell with symptoms of COVID-19:

If an individual experiences signs and symptoms that are new, worsening, and not related to other known causes or conditions they already have such as: fever/chills; cough/barking cough; shortness of breath; decrease or loss of taste or smell; for children < 18 years of age, nausea, vomiting and/or diarrhea; for adults \geq 18, fatigue, lethargy, malaise, and/or myalgias:

1. Individual must immediately stop participation in club activities.
2. If at the arena, isolate individual away from others in a well-ventilated area or outside, provide with a mask or face covering if one is available, and send home with instructions to follow public health guidelines regarding self-isolation and testing.
3. Coach to notify a member of the Oversight Committee.
4. Oversight Committee will notify rink staff, Hamilton Public Health as necessary and follow up with individual/guardian.
5. Club and individual will follow Public Health guidance and direction on next steps.

Protocol for a club member who is tested for COVID-19:

- Member who is unwell will not participate in club activities while waiting for testing results; member will notify ASC they are awaiting test results.
- Member who has been tested for COVID-19 and has no COVID-19 symptoms, no known exposure to COVID-19 and no travel history is permitted to participate in club activities while waiting for the results of the test.

Protocol if a member tests positive for COVID-19:

- Member should inform a member of the ASC Oversight committee as soon as possible, and provide information on their last visit to the rink and the session(s) they were on.
- The Oversight committee will work where requested with rink staff and public health officials to assist in contact tracing.
- Any members identified to be a close contact should follow public health guidance.
- ASC to inform ASC members of a positive test within the club setting.
- ASC to inform facility of positive test and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- Oversight Committee will inform Skate Ontario of a positive COVID-19 diagnosis within the club setting by emailing clubsupportservices@skateontario.org.

Return to skating/club activities following illness:

- Individuals must follow all public health and facility guidelines with respect to returning to club activities following an illness or exposure to COVID-19.
- If a COVID-19 test was negative and there was no known exposure to COVID-19, the individual may return to club/skating school activities once they no longer have any symptoms of COVID-19 for at least 24 hours.
- If a COVID-19 test was negative but there was a known exposure to COVID-19, the individual may only return to club/skating school activities once they have completed the period of self-isolation as advised by local public health.
- If a COVID-19 test was positive, the individual must follow all public health guidelines regarding return to activities.

ASC members will follow all public health guidelines regarding COVID-19. These may include:

- Following all public health requirements for physical distancing, masking, cleaning and disinfecting.
- Any member who has travelled outside of Canada or has someone in their household who has travelled outside Canada must self-isolate and not participate in club activities for 14 days, unless the individual has a Government of Canada Travel Exemption.
- Any individual exposed to a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club activities until they have completed the period of self-isolation as advised by the local public health unit.
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities.

ASC COVID-19 Credit/Cancellation Policy

- In the event a skater is unable to attend a regularly scheduled session due to symptoms or a positive case of COVID-19, the club will credit the participant for the session(s) missed. It is up to the parent/guardian of the participant to request the credit by emailing the club at:
 - info@ancasterskatingclub.ca
- In the event public health, municipal/provincial government and sport recommendations change/evolve, ASC will implement appropriate modifications, restrictions, postponement or

cancellations as applicable, and will notify ASC members as soon as possible of the changes. Modifications/restrictions will be kept in place until advised by public health, government or sport officials that it is safe to resume activities.

- In the event the skating season is cancelled due to an arena closure, participants who have registered will receive credit or a refund for the prorated amount of the season remaining, not including the Skate Canada fee or the Club admin fee.

Policies/Protocols to Ensure Safety Within the Facility:

1. Parents/skaters must acknowledge the Skate Ontario COVID-19 Waiver through the on-line ASC registration system, and prior to their skater starting their first session.
2. At home and prior to coming to each and every skating session, **Parents (if staying to watch) AND Skaters** must conduct COVID-19 self-screening using the appropriate Ministry of Health Screening Questionnaire (links to these forms are available on the Club's website on the COVID-19 page):
 - **DO NOT COME TO THE RINK IF THE ANSWER TO ANY OF THE QUESTIONS IS YES;**
 - **DO NOT BRING THESE FORMS TO THE RINK.**
3. Skaters are encouraged to arrive at the arena in their skating clothes, and to consider leaving personal items such as skating bags in the relevant individual's vehicle (if available) and not brought into the arena.
4. ASC members will be permitted in the rink facility 15 minutes prior to the session start time, and may head directly to their assigned rink and change room to put on skates.
5. Parents/guardians (and siblings) may accompany skaters into the rink facility; parents/guardians (and siblings) are considered to be spectators, and must adhere to all requirements outlined in this policy. DUE TO FACILITY SPECTATOR LIMITS, skaters may only be accompanied by a **MAXIMUM OF 3 INDIVIDUALS** (for example, 2 parents and 1 sibling).
6. Members and spectators are encouraged to sanitize/wash hands upon entry to the facility.
7. Masks must be worn by everyone (skaters, spectators, children more than 2 years of age, volunteers and coaches) when inside the rink facility, in change rooms, and when NOT on the ice surface. Skaters may remove their masks when on the ice.
8. Physical distancing must be practiced by everyone throughout the facility (exception: individuals from the same household).
9. During the session, parents/guardians/siblings (spectators) may stay and watch the session, while following the masking and social distancing requirements. Because of facility limits on the numbers of people in the building and individual rinks, parents are asked to:
 - refrain from going into the other rink (and any closed-off areas) at the facility; and,
 - ensure that any siblings are supervised.
10. ASC StarSkaters who are unable to attend a session are asked to notify their coach in advance.
11. Failure to follow COVID-19 protocols can result in the facility being fined, spectators not being allowed in the facility, and/or other consequences; the ASC also reserves the right to suspend or terminate a skater's privileges for failure to adhere to these protocols.
12. Please direct any questions and/or concerns to the club via email: info@ancasterskatingclub.ca