

ANCASTER SKATING CLUB COVID-19 POLICIES and PROTOCOLS: UPDATED JULY 19, 2021

ASC COVID-19 Oversight Committee Members:

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The purpose of this Committee is to oversee the implementation of safety and health guidelines with the Ancaster Skating Club. Should you have any questions about Return to Play Protocols or other policies and procedures related to COVID-19, please contact one of the individuals above.

Skate Ontario COVID-19 Waivers:

All individuals (skaters, coaches, board members, volunteers) will be required to complete the Skate Ontario Acknowledgement, Release, Indemnity and Assumption of Risk regarding COVID-19 (Waiver) once at the start of the season, prior to participation in club activities. Failure to do so means that individual must not participate. ASC will be responsible for collection and storage of completed waivers for its members.

Health screening questionnaires and attendance records for contact tracing:

All participants taking part in club activities must self-screen using the appropriate Ontario Ministry of Health COVID-19 Screening Tool (as referenced in the Skate Ontario Return to Play requirements), PRIOR TO EACH SESSION/CLUB ACTIVITY. Verbal confirmation of screening for all members (skaters, coaches, board members, volunteers, guardians/spectators if permitted) will take place at the rink or change room entrance as skaters enter the arena. ASC volunteers or coaches will be responsible for documenting screening results for all ASC members/skaters present for each session. ASC will maintain screening documentation for at least 1 month, in the event contact tracing is required.

Protocol if an individual becomes unwell with symptoms of COVID-19 while at the arena:

(Signs and symptoms may include: fever/chills, new onset cough/barking cough, shortness of breath, runny nose or nasal congestion, sore throat, difficulty swallowing, decrease or loss of sense of taste or smell, headache, nausea, vomiting or diarrhea, fatigue, extreme tiredness or muscle aches, pink eye)

1. Individual must immediately stop participation in club activities.
2. Isolate individual away from others in a well-ventilated area or outside and send home.
3. Coach to notify a member of the Oversight Committee
4. Oversight Committee will notify rink staff, Hamilton Public Health as necessary and follow up with individual/guardian
5. Club and individual will follow Public Health guidance and direction on next steps.

Protocol for a club member who is tested for COVID-19:

- Member will not participate in club activities while waiting for testing results; member will notify ASC they are awaiting test results.
- Club will work with public health to inform members who may have been in close contact with the individual (close contact is defined as being within 2 meters for a period lasting more than 15 minutes, without appropriate or consistent use of Personal Protective Equipment (ie masks).
- Any members identified as a close contact should not participate in club activities until the diagnosis of COVID-19 is ruled out.

Protocol if a member tests positive for COVID-19:

- Member must inform a member of the ASC Oversight committee.
- The Oversight committee will work with rink staff and public health officials to assist in contact tracing and inform any club members who may have been in close contact with the individual.
- Any members identified to be a close contact will follow public health guidance.
- ASC to inform all ASC members that there has been a positive test within the skating club.
- ASC to inform facility/City of Hamilton of positive test.
- Oversight Committee will inform Skate Ontario of a positive COVID-19 diagnosis by emailing clubsupportservices@skateontario.org.

Return to skating/club activities following illness:

- If no COVID-19 test was performed or the test was negative, the individual may return once they no longer have any symptoms of COVID-19 for at least 24 hours.
- Following a positive COVID-19 test, the member must follow Public Health guidelines regarding return to activities

ASC members will follow all public health guidelines regarding COVID-19. These may include:

- Following all public health requirements for physical distancing, masking, cleaning and disinfecting.
- Any member who has travelled outside of Canada or has someone in their household who has travelled outside Canada must self-isolate and not participate in club activities for 14 days.
- Any individual exposed to a confirmed case of COVID-19 should self-isolate and cannot participate in club activities for 14 days.
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities.
- Any individual with someone in their household showing symptoms of COVID-19 should not participate in club activities.

Policies/Protocols to ensure safety within the facility:

1. ASC StarSkaters who are unable to attend a session are asked to notify their coach in advance.
2. Skaters (and parents/guardians if applicable, see below) must conduct self-screening prior to each time they come to the facility.
3. Skaters are encouraged to arrive at the arena in their skating clothes, and to consider leaving personal items such as skating bags in the relevant individual's vehicle (if available) and not brought into the arena.

4. ASC members will be permitted in the rink facility **15 minutes** prior to the session start time, and can head directly to their assigned rink and change room. Members (and parents/guardians if applicable) are encouraged to sanitize/wash hands upon entry to the facility.
5. Parents/guardians/spectators are not being permitted during ASC Summer 2021 StarSkate sessions.
6. During Summer 2021, skaters in ASC PreCanSkate, CanSkate, Advanced CanSkate and CanPowerSkate are permitted to be accompanied by one parent/guardian, who may assist the skater with putting on skates and who may remain in the rink to watch during the session. Siblings will not be permitted during ASC Summer 2021 sessions.
7. Skaters (and parents/guardians if applicable) are to practice physical distancing and wear masks/face coverings when entering the facility/rink/change rooms, while putting on/taking off skates, while waiting to enter and exit the ice, and while watching skaters.
8. Under Step 3 of Ontario's COVID-19 Roadmap to Reopen, there is no requirement for masks or physical distancing when engaged in sports at an indoor facility (ie, while on the ice); skaters are permitted to temporarily remove their mask/face covering when engaged in athletic/fitness activity. Coaches are also permitted to temporarily remove their mask/face covering when engaged in athletic or fitness activity.
9. Individuals from the same household are not required to follow physical distancing requirements while within the facility.
10. An ASC Coach or volunteer will ask for screening results when skaters (and parents/guardians if applicable) arrive at the assigned rink or change room.

ASC COVID-19 Credit/Cancellation Policy

- In the event that a skater is unable to attend a regularly scheduled session due to symptoms or a positive case of COVID-19, the club will credit the participant for the session(s) missed. It is up to the parent/guardian of the participant to request the credit by emailing the club at:
 - info@ancasterskatingclub.ca
- In the event that the skating season is cancelled due to an arena closure, participants who have registered will receive credit or a refund for the prorated amount of the season remaining, not including the Skate Canada fee or the Club admin fee.