



STARSkate & Adult Synchro SEPTEMBER 2017

(3 week Schedule for Sept 5 to Sept 22 only) Please read carefully

Updated: Aug 15 2017

MONDAY (MFA Rink 1)	TUESDAY (MFA Rink 1)			THURSDAY (MFA Rink 2)	SUNDAY (MFA Rink 2 & MFA Rink 1)	
FLOOD 5:00-5:10pm	FLOOD 5:00-5:10pm			FLOOD 4:30-4:40pm	FLOOD 10:30-10:40am	FLOOD 11:00-11:10am
STAR OFF-ICE 4:00-5:00	Tues Sept 5	Tues Sept 12	Tues Sept 19	STAR OPEN 2+ up 4:40-6:30	Sun Sept 10 – Rink 2	Sun Sept 17 – Rink 1
STAR 1-3 5:10-6:35	STAR 1-3 5:10 - 7:00	STAR 1-3 5:10 - 7:00	STAR 1-3 5:10 - 7:00		NO STAR OFF-ICE	STAR OFF-ICE 10:00-11:00am
STAR 3+ up 5:10-5:55	NO FLOOD	FLOOD 7:00-7:10pm	FLOOD 7:00-7:10pm	STAR 1-2 6:30-7:30	MFA Rink 2 STAR 1-2 10:40-11:25	MFA Rink 1 STAR 1-2 11:10-11:55
STAR Group Lesson 5:55-6:15	STAR 4+ 6:35-8:00	STAR 4+ up 7:10-9:00	STAR 4+ 7:10 - 9:00		STAR Group Lesson 11:25-11:45	STAR Group Lesson 11:55-12:15
STAR 1 & 2 6:15-7:00				STAR 3+ 7:30-8:30	STAR 3+ up 11:45-12:30pm	STAR 3+ up 12:15-1:00
Adult Synchro Level III Team Ice 9:30-10:30pm Hamilton Skating Centre (No Off-Ice)				FLOOD 8:30-8:40pm		
				Adult Synchro Level II Team Ice 8:40-10:30pm (No Off-Ice)		
Fall/Winter/Spring 2017-2018 <ul style="list-style-type: none"> Fall STARSkate session: Sept 5 to Dec 21 2017 Winter STARSkate session: Jan 2 2018 to March 10 2018 Spring session: March 19 to May 10 2018 No Skating on the following dates: <ul style="list-style-type: none"> Mon Oct 9, 2017 (Thanksgiving) Sat Oct 27 to Sun Oct 29 2017 (Girls Avalanche Fall Shoot Out Tournament) Mon Feb 19, 2018 (Family Day) Sat March 3, 2018 (AML Hockey Super Saturday) March 11 to 18, 2018 (March Break) Mon April 16, 2018 (Easter Monday) No Off-Ice: Oct 8-9, Oct 29; Nov 6; Dec 17-18; Jan 21; Feb 18-19; March 4-5				Important Dates: <ul style="list-style-type: none"> STARSkate Coach Training: Sun Sept 10 9:30-10:30am MFA Rink #1 Coach Meeting & Training Day – Sat Sept 16 at 11:00am to 3:30pm MFA Rink #2 Program Assistant Training – Sat Sept 16 2:00-3:30pm on ice at MFA Rink #2 CanSkate Fall Start Dates: Sat Sept 23, Tues Sept 26 and Thurs Sept 28, 2017 <p style="text-align: center; color: red; font-weight: bold; margin-top: 20px;">See the Sept 23, 2017 to March 10, 2018 Schedule for the remainder of the Fall/Winter season.</p>		