



STARSkate & Adult Synchro SEPTEMBER 2018

(3 week Schedule for Sept 4 to Sept 22 only) Please read carefully

Updated: August 17, 2018

MONDAY (MFA Rink 1)	TUESDAY (MFA Rink 1)			THURSDAY (MFA Rink 2)	SUNDAY (MFA Rink 2 & MFA Rink 1)	
FLOOD 5:00-5:10pm	FLOOD 5:00-5:10pm			FLOOD 4:30-4:40pm	FLOOD 10:30-10:40am	FLOOD 11:00-11:10am
STAR 3+ up 5:10-5:55	Tues Sept 4 STAR 1-3 5:10-6:35 NO FLOOD STAR 4+ 6:35-8:00	Tues Sept 11 STAR 1-3 5:10 - 7:00 FLOOD 7:00-7:10pm STAR 4+ up 7:10-9:00	Tues Sept 18 STAR 1-3 5:10 - 7:00 FLOOD 7:00-7:10pm STAR 4+ 7:10 - 9:00	STAR OPEN 2+ up 4:40-6:00 STAR 1-2 6:00-7:10 Flood 7:10- 7:20? STAR 3+ 7:20-8:30 FLOOD 8:30-8:40pm Adult Synchro Level II Team Ice 8:40-10:30pm (No Off-Ice)	Sun Sept 9 – Rink 2 MFA Rink 2 STAR 1-2 10:40-11:25 STAR Group Lesson 11:25-11:45 STAR 3+ up 11:45-12:30pm	Sun Sept 16 – Rink 1 MFA Rink 1 STAR 1-2 11:10-11:55 STAR Group Lesson 11:55-12:15 STAR 3+ up 12:15-1:00
STAR Group Lesson 5:55-6:15					STAR Group Lesson 11:25-11:45	STAR Group Lesson 11:55-12:15
STAR 1 & 2 6:15-7:00					STAR 3+ up 11:45-12:30pm	STAR 3+ up 12:15-1:00
Adult Synchro Level III Team Ice 9:30-10:30pm Hamilton Skating Centre (No Off-Ice)						
Fall/Winter/Spring 2017-2018 <ul style="list-style-type: none"> Fall STARSkate session: Sept 4 to Dec 20 2018 Winter STARSkate session: Jan 2 2019 to March 7 2019 Spring session: March to May t..b.a. 2019 No Skating on the following dates: <ul style="list-style-type: none"> Mon Oct 8, 2018 (Thanksgiving) Sat Oct 27 to Sun Oct 28 2018 (Girls Avalanche Fall Shoot Out Tournament) Mon Feb 18, 2019 (Family Day) Sat March 2, 2019 (AML Hockey Super Saturday) March 9 to 17, 2019 (March Break) Mon April 22, 2019 (Easter Monday) Off-ice starts September 27, 2018				Important Dates: <ul style="list-style-type: none"> Coach Meeting & Training Day – Sat Sept 15 at 11:00am to 3:30pm MFA Rink #2 Program Assistant Training – Sat Sept 15 2:00-3:30pm on ice at MFA Rink #2 CanSkate Fall Start Dates: Sat Sept 22, Tues Sept 25 and Thurs Sept 27, 2018 <p style="color: red; font-weight: bold; text-align: center; margin-top: 20px;"> See the Sept 23 2018 to March 7, 2019 Schedule for the remainder of the Fall/Winter season. </p>		