



ANCASTER SKATING CLUB

STARSkater Competition Check List

Updated: Jan 2016

- ✓ Skates!!!
- ✓ Extra skate laces
- ✓ Clear hockey tape for laces
- ✓ Skateguards (Hard and Soft)
- ✓ Competition Dress
- ✓ Back Up Dress
- ✓ Music (minimum 2 copies) & be sure to pick up at the end of the competition!
- ✓ Planned Program Sheets (2 copies if applicable)
- ✓ Warm-up Sweater (no hoodies)
- ✓ Warm-up Gloves (no mitts)
- ✓ Tights (2 pairs. 1 is back up. No holes!)
- ✓ Running shoes (for off ice warm-up)
- ✓ Skipping rope (for off ice warm-up)
- ✓ Towel to dry skate blades
- ✓ Small screwdriver to tighten blades
- ✓ Hairspray or gel
- ✓ Make-up
- ✓ Earrings
- ✓ Brush
- ✓ Hair elastics
- ✓ Clips, barrettes, bobby pins etc.
- ✓ Clear strap for bras
- ✓ Proper underwear that cannot be seen under dress
- ✓ Kleenex
- ✓ Water
- ✓ Smiles & Confidence!! 😊😊
- ✓ Have skates presentable, clean laces & polish skates ahead of time
- ✓ NO HOLES OR RUNS IN TIGHTS! If so, use another pair!

