



# ATTENTION FUTURE HOCKEY STARS!



Interested in playing hockey, but want to learn the basics first?

## Check out the Ancaster Skating Club **PREPOWERSKATE** Program!

- ✓ *Current or future hockey players; ages 4 to 8*
- ✓ *Opportunity to learn and develop **basic skating skills** for hockey*
- ✓ *Program emphasizes how each skill applies to **game situations***
- ✓ ***Develop** speed, balance, control, power and agility*
- ✓ *Learn **skills, techniques** and **conditioning** drills taught by Professional*

*Skate Canada **CanPowerSkate** Coaches*

***Saturday mornings from 9:10 to 10am***

*Full hockey equipment and hockey stick is required.*

Please contact [info@ancasterskatingclub.ca](mailto:info@ancasterskatingclub.ca) for more information

***REGISTER NOW – SPACES ARE LIMITED!***

