



Ancaster Skating Club

2025-2026 Fall/Winter Weekly Schedule

September 2, 2025 to March 6, 2026

Final Aug 15, 2025

Once registered, your UPLIFTER calendar will show ALL personal registration information

SUNDAY MFA Rink 1	MONDAY MFA Rink 2		TUESDAY MFA Rink 1	THURSDAY MFA Rink 2	FRIDAY MFA Rink 2	SATURDAY MFA Rink 1
Teen/Adult/PreTeen CanSkate/AdvCan begin September 21, 2025 Star 2-4 & Star 5&Up begin September 14, 2025	On Ice programs begin September 8, 2025		AdvCan/PowerA/ PreCan/CanSkate begin September 23, 2025 Star 1-3 & Star 4&Up begin September 2, 2025	PreCan/CanSkate/ AdvCan begin September 25, 2025 Star 3-4, Star 1-2 & Star 5&Up begin September 4, 2025	On Ice programs begin September 5, 2025	All Saturday programs begin September 20, 2025
Star Off-Ice Begins September 14, 2025	Star Off-Ice Begins September 8, 2025		Star Off-Ice Begins September 2, 2025	Star Off-Ice Begins September 4, 2025	Star Off-Ice Begins September 19, 2025	Flood 9:00-9:10am
Flood 10:00-180:10am				September 4, 11, 18 Star Off-Ice 4:45 – 5:15 PM Star 3-4 5:30-6:30 PM		9:10-10:10am PowerSkate B
10:10-11:00am Teen/Adult13+ Pre-Teen CanSkate(10-12)	10:00-10:45 Star Off-Ice OPEN* Jump Tech.45 min					Flood 10:10-10:20am
11:00am-12:05pm Star 2-4 Star 5&Up				September 18 PA Training 6:30-7:30 PM		10:25-11:00am Parents & Tots 10:25-11:10am PreCan/CanSkate 1-2 <Beginner> 11:15am-12:00pm PreCan/CanSkate
Flood 12:05-12:15pm				4:00-4:30pm Star Off-Ice – OPEN* Jump Technique 30 min		Flood 12:00-12:10pm
12:15-1:00pm CanSkate Stage 2 & Up Advanced CanSkate	Flood 4:30-4:40pm			Flood 4:30-4:40pm	Flood 4:30-4:40pm	
Flood 1:00-1:10pm	5:00-6:00pm Star 5&Up	Star Off-Ice: 4:35-4:50pm Star 5&Up	Flood 5:00-5:10pm	4:45-5:50pm Star 3-4	4:40-5:30pm Star 3-4 Star 5&Up Star Adult 18+ OPEN*	
*OPEN = all STAR levels	5:45-6:45pm Star 3-4	5:00-5:30pm Star 3-4	5:15-6:00pm Advanced CanSkate/ PowerSkate A	Flood 5:50-6:00pm	Flood 5:30-5:40pm	
	6:45-7:30pm Star 1-2	5:45-6:30pm Star 1-2	6:05-6:50 PreCan/ CanSkate	6:45-7:30pm Advanced CanSkate	5:40-6:30pm Star Off-Ice – OPEN* (Yoga/Flexibility)	
	Flood 7:30-7:40pm		Flood 6:50-7:00	6:55-7:25pm Star Off-Ice JumpTechnique 30 min	*OPEN = all STAR levels	
			7:00-8:00 Star 1-3	Flood 7:30-7:40pm		
			8:00-9:00pm Star 4&Up	7:40-8:30pm Star 1-2		
			Flood 9:00pm	8:30-9:30pm Star 5&Up		
				Flood 9:30pm		
	9:40-11:00 Mountain Synchro A1		9:40-10:30 Mountain Synchro A3	9:40-10:30 Rink 2 Synchro A2		